

What is ResolveSM Stretch Mark Reduction Therapy?

ResolveSM is a treatment program that uses fractional-resurfacing technology to resurface and repair stretch marks, leaving the affected skin smoother and more consistent with the healthy skin that surrounds it. It has been shown to break up the disordered collagen and speed its replacement with healthier, ordered collagen.

Fractional resurfacing produces microthermal zones within the area, causing “fractional” thermal damage much like pixels in a digital camera. Just think of your skin as a digital photo that is being touched-up or restored one small area at a time, pixel by pixel. Because only 20 to 30 percent of the tissue is targeted during each treatment, the skin surrounding these microthermal zones is not injured, allowing healing to take place quickly and without creating a visible wound. Repeated treatments create additional microthermal zones, until the entire affected area is treated.

If the stretch marks are hyperpigmented, FotoRenuSM treatments may be added so that the intense pulsed light can treat discoloration issues.

What types of stretch marks can be treated with ResolveSM?

All types of stretch marks can be treated with ResolveSM, including those that are hyper- and hypo-pigmented, flat, and textured (crepey or wrinkly), however the success of the outcome is highly dependent upon the type, size, thickness and age of the stretch marks. Newer stretch marks respond best to treatment, while older stretch marks that are larger and/or depressed require more treatments and may not completely resolve.

Will ResolveSM completely remove my stretch marks?

Nothing will completely remove stretch marks, but ResolveSM can significantly reduce the damaged tissue, helping it blend with the surrounding healthy skin and dramatically improving its appearance. Newer stretch marks respond best to treatment, while those that are older, larger and/or depressed may not experience the same level of resolution. A significant factor influencing any person's results is their own ability to re-grow collagen in response to the treatment. As such, individual results will vary.

How long does the treatment take?

Each treatment may take anywhere from 30 to 60 minutes depending on the size and thickness of the stretch marks. Because topical anesthetic is applied prior to treatment, an hour is added to treatment time to allow for maximum comfort.

How many treatments will I need?

While you may notice some improvement after the first ResolveSM treatment, results are gradual and progressive and at least five treatments, spaced three to four weeks apart, are required for optimal results. Older and deeper striae may require additional treatments. During your complimentary consultation, your RevealSM Advisor will guide you in customizing a treatment program based on your unique needs and goals.

Does ResolveSM hurt?

Treatment is well-tolerated after a topical anesthetic is applied to minimize discomfort. Contact cooling may also be used to increase your comfort.

What can I expect during my treatment?

A topical anesthetic is applied an hour prior to the treatment. Once the skin is numbed, your RevealSM Clinician will systematically treat the stretch marks. The affected area will be passed over multiple times during each treatment session. Treatment sensation is most often described as warm with a slight stinging or snap (like that of a rubber band).

What can I expect post-treatment?

There will be some noticeable redness and swelling in the treated area, as well as a mild burning or itching sensation. These will improve gradually after the treatment, and much of the redness and swelling will be improved by the next day. However, some of this will continue to persist for a few days, a sign that the skin tissue is repairing itself. The treated area may then take on a “bronzed” appearance that lasts three to ten days after treatment as the excess, unwanted pigment is slowly pushed out of the skin. This is followed by a flaking process of exfoliation as new healthy skin replaces treated tissue. Your RevealSM Advisor will recommend a companion at-home skincare system customized to enhance and maintain the results of your treatment.

When can I resume normal activities?

You may return to your typical activities immediately, being careful to avoid sun exposure, swimming pools and hot tubs.

How should I prepare for treatment?

Because skin will be more sensitive to burning, avoid sun exposure during your series of treatments and apply a broad-spectrum SPF 30 sunblock daily. Discontinue the use of Retin-A or skincare products with retinoids or acids in the treatment area one week prior to treatment so as not to cause excessive irritation.

